The Presbyterian Church at Lakehurst, NJ

Rooted in God's Love Growing as Christ's Caregivers Nourished by God's Spirit

Christian Education

All of God's children, at <u>every</u> age —from 9 days to 109 years old are spiritual beings on a journey of discovering who God is and who we are as God's people. And the discovery occurs as we worship or play, study, sing, or care for those in need.

As the new elders take over, *change* is in the wind that will enable all of God's people to make new discoveries.

Sunday School classes are now:

Toddlers-Preschool in the Living Room for age-appropriate videos, games and lessons.

Early Elementary (K-gr.2) in the Fellowship Hall Classroom **Older Elementary** (gr. 3 to 6) in the Lower Level Classroom

Kid's Klub for children ages 8 to 12 meets **on the 1st Sunday** of the month at 5 pm for fun, fellowship and snack. Bring a friend!

Confirmation Class is meeting. All youth are welcome!

The Story, a condensed narrative version of the Bible, is being studied by the Congregation after worship or at 7 pm on Tuesday on the following dates for our **Adult Lenten study**:

March 9 and 11	
March 16 and 18	
March 23 and 25	
March 30 and Apr. 1	
Apr. 6 and 8	

 Ch.2
 Gen. 12-13;15-17;21-22;32-33;35

 Ch.3
 Gen. 37;39-47;50

 Ch.4
 Exodus 1-7; 10-17

 Ch.5
 Exodus 19-20;24-25;32-34;40

 Ch.6
 Numbers 10-14;20-21;26-27

 Deut. 1-2; 4; 6; 8-9; 29-32; 34



Vacation Bible School—*Weird Animals!* 5:00-7:30 in the <u>evening</u> August 4-8, 2014

The children will learn that **Jesus loves them**: Even when you're left out; you're different; you don't understand; you do wrong, or you're afraid, Jesus loves you!

Inside this issue:

The Presbyterian

Beacon

Calendar	7
Christian Educ.	1
Deacons	6
Evangelism & Fellowship	4
Mission	5
Parish Nurse	6
Presby.Women	7
Property	5
Stewardship	2
Worship Team	3

NOTE THE DATE

- 3/2 Come As U R
- 3/2 Kids' Klub 3/4 Care for
- Caregivers
- 3/5 Ash Wednesday
- 3/8 Turn Clocks Ahead
- 3/9 Lenten study begins
- 3/10 Presbyterian Women
- 3/23 Teachers' Meeting
- 3/26 Food Pantry
- 4/12 Clean Up Day
- 4/12 OGHS
- 4/17 Maundy Thursday
- 5/11 Scholarship Apps.
- 5/17 Deacons' Flea Market



March 2014

From the Pastor

One thing I like about Presbyterian polity (or our governance) is *continuity and change.* Four new elders and two new deacons are breathing fresh enthusiasm into the church, and the officers who finished their terms, are continuing to serve on worship, education and fellowship

teams to offer their wisdom and experience. I am so grateful to <u>all</u> of the church officers.

One thing I like about observing the liturgical calendar is that, year after year, we read the familiar Scripture lessons and experience the birth, life, death and resurrection of Jesus Christ, and yet it is never the same. Every season God opens our eyes to new insights—fresh understandings—that strengthen our relationships with God and one another.

As you read this newsletter, you will see some old familiar and some **new (or renewed)** opportunities to observe the season of Lent. I hope that you will mark your calendar and participate with the faith community as we journey with Christ to Jerusalem again.

Stewardship & Administration

SESSION					
Class of 2015	Class of 2016	Class of 2017			
Kim Milana, Mission	David Weeden, Stewardship & Administra.	Glenn Milana, Worship			
Steve Heaney, Property	Renata Sarajew, Evangelism & Fellowship	Bobbie Seidel, Education			
Moderator is Christina Hindley and Clerk of Session is Dawn Heaney					
BOARD OF DEACONS					
Barbara Fair	Alice Loonam ² Moderator	Ray McGlyn			
Nancy Lehrach	Carol Reagor ² Jim Ryan				

After the ordination and installation of new church officers on February 9, 2014, the members of Session and the Board of Deacons are:

2014 Per Capita – contribution for active members is **\$35.20** for the whole year. The Presbyterian Church (U.S.A.) is a "connectional" church in which local congregations receive support, resources and guidance from the denomination. We work together, and the



per capita assessment supports the mission of the denomination. The Lakehurst Church pays per capita for **all** active members whether or not you contribute to it. So, if at all possible, we ask active members to pay the **\$35.20 per capita**. A blue envelope for this purpose is in your box of offering envelopes.







The Presbyterian Church at Lakehurst, NJ

Worship

Traditional Worship continues in the Sanctuary at **10 am** with The Chancel Choir, who always welcomes new voices, and with the Children who are excused for Sunday School after the Children's Message.





Come As U R is a new community for everyone but especially those who don't want to listen to a preacher, do other things on Sunday morning, or just want something different. We meet in the Living Room at 5 pm on the 1st Sunday of each month. This month, Elder Glenn Milana will lead a discussion on a 10-minute thought-provoking video entitled "Trees: What does it mean to live the way God created you to live?"



Ash Wednesday Service at 12 noon on March 5 in the Sanctuary to prepare for our observance of Lent: to sing, pray, reflect, and receive or decline the imposition of ashes.

Sunday March 16 will be Music Appreciation Sunday, with special Lenten anthems sung by the Choir. The Choir offered cantatas at Easter and Christmas in 2013. This year, they will offer special music during worship.



Passion Sunday April 13, at 10 am. Two years ago, the congregation participated in the responsive reading of Christ's Passion. It was a very moving service and we decided then to alternate the service, observing Palm Sunday one year and Passion Sunday the next. (Palms will be distributed.)



Maundy Thursday, April 17, at 3 pm. This is a renewed tradition. We will have a symbolic Seder, and a Last Supper Communion Service in Fellowship Hall. Then, we will share a meal together.

Good Friday, April 18, the sanctuary will be open from 12 noon to 3 pm for a time of self-guided reflection, prayer and meditation.



Easter Sunday, April 20, at 10 am, we will celebrate the resurrection of our Lord with glorious music and thanksgiving!



The Presbyterian Church at Lakehurst, NJ

Evangelism & Fellowship

If you are looking for a church home, please let us know. We would love to have you become a member of this faith community. But you are welcome to join us to worship and serve Jesus Christ any time.





Do you have a computer? Would you like to receive our monthly newsletter via email? This would save paper, printing toner, time and postage. Just let Laure Childers know what your email address is and you would like get your newsletter the instant it is typed!



Fellowship Hour

The sign-up Calendar to host Fellowship Hour is on the bulletin board in Fellowship Hall. Sign up with a friend to bring a snack and a quart of milk and juice for those who want something cold. The Church supplies Coffee Fellowskip coffee, tea, and all paper goods and plastic ware.

A Poem by Nellie Breiner

(sshhh: age 92 and going strong!)

When I was forty, I was sporty. When I was fifty, I felt really nifty. Along came sixty, It was pretty risky. Then along came seventy, And it wasn't heavenly. At age "80" I will say It was the dawn of a new day. Then at age 90—oh my, I'm old and could cry. I'm going to keep going, and When I reach "100" I will say I've seen many changes along the way!

Ideas for Small Groups

Now that we have a Living Room and Fellowship Hall is redecorated, we are ready to use them well. We don't need to duplicate what is offered in the villages. But small groups are a good way to get to know one another and to pray for and support one another. So, give us your suggestions. Do you want to start a Craft group, Crochet group, Book Club, Men's group, Covenant group ...

New Small Group

Care for the Caregivers



On the 1^{st} and 3^{rd} Tuesday of each month, at 10:30 am, we gather in the Living Room for an hour of prayer, sharing and caring. Pastor Christina facilitates it. Everyone is welcome.

The Presbyterian Beacon

Mission Team

Alice B. Perry College Scholarships are open, according to Mrs. Perry's will, to "all needy and worthy students who wish to go to college." 2014 Applications are now available, at both entrances to the sanctuary, or by calling or writing to the church office. Completed applications are due on or before May 11, 2014.

One Great Hour of Sharing is the one PC(USA) special offering that this faith community will support this year. The offering is received on Palm Sunday, and is used for Hunger Relief, Disaster Relief, and for the Self-Development of People.

For example, Hurricane Katrina ravaged New Orleans. "The 9th Ward was ground zero and residents were told to never return," one resident remembers. But they returned and rebuilt. With a grant from Self-Development of People, a community computer center was opened and is operated by local residents so that people may apply for jobs and search for housing.

Make your check payable to The Presbyterian Church (with OGHS in the memo section) and bring or mail it to the church before April 13. An envelope is enclosed for that purpose. And please give generously to help people help themselves.



Lakehurst Food Pantry is open from 10 to 11 am on the last Wednesday of each month. Donations of canned soup, vegetables, meats, tuna, peanut butter and jelly, pasta and sauce, and cereal are always needed. Members can use the pantry throughout the month. Just speak with Kim Milana or the pastor. Your donations are welcome.

Cub Scout Pack 10—The Cub Scouts meet here on Friday evenings and are open to all boys in 1st to 5th grade. See pg. 7 for pictures of their [Chinese] "Red" & Gold Dinner that was healthy and delicious! Boy Scout Troop 10 meets on Sunday evenings at 7 pm.

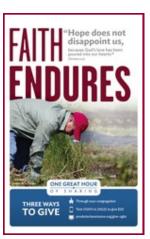
Property

Clean Up Day Saturday, April 12, 9 am to 12 noon "Many hands make light work"

There is a job for everyone—even someone who can watch and say "you missed a spot." So, please save the date. A sign up sheet will be posted later this month. Thank you.









Page 5

The Presbyterian Beacon

Deacons' Corner

At our meeting on Feb. 11, the Deacons elected officers: Alice Loonam, Moderator, Ray McGlyn, Vice-Moderator, Barbara Fair, Secretary, Carol Reagor, Treasurer, and Nancy Lehrach, Deacon representative on the Church Officer Nominating Committee. We also agreed to **serve on Session Teams**: Barbara Fair, worship; Alice Loonam, Fellowship; Nancy Lehrach, Mission; Ray McGlyn, Property; Carol Reagor, Education, and Jim Ryan, Stewardship.

Flea Market, Saturday, May 17, 2014 Save the Date—and Plan to Bake, Bake, Bake!



Parish Nurse Note:

February was Heart Month—and this is March—but this list of crucial words to know for heart health was too good to miss.

So, have fun finding the words in the heart—and remember to eat well, drink wisely, exercise and keep your heart happy.

NSADCAWSM HTVEINOS KAWARFUAVIT OCILFNHTATL CIUSOTRCEMSBN AIMSEIJREPHRF CBFDOGCPSNSCAEN ALEO Т GBLOO 0 TAPUNFXUBFUTXPSTRCD I S W J YRE HLLAGWARDPIZPMTSVIBNIBHXGC UANCANZBQGMASAYFLIELSTROKESL BNGRIEMIURHNTCIAHZGCOPZCYKGC TCU KCSLDUPELPERYATNUHEARTDIS E A S XOMNSFASOOISEQISECYTFMVOLDA BC VE TABLOCKERRRENXANBVLNSENCPRSAT BE ATDJVNGZHLTWCTFBTEOTCQPRAHLE CEI SFPAQBYCOAVASDIZZINESSNOFODHXHO WEAKNESSNPNRLTGAEJUZODE HWL TETN P TLRBTREWFAZNCITERUIDEX AHUP AP OEN LWGBD O O R D I N A T I O N E R A O V C W T R O K A L S UMHYOGIUTRIGLYCERIDESYIDTVAIM N C N U M B N E S S R U B Y H G P G T Z A D H E E X R RVBYIFALPHABLOCKERCSYZRLC ELAKNNXIBPEROEDPATLZUON SDVEAOYQAMDPCVFLINSDL PEHSLIEBPEUDKTFYSRE OZCMPSONOITNEVERP NFVTAUTGDZSNRGO SREKIFEHTQPCT IOSLNNYXDSF VDSULOOYI ETEVOCU NCLSI BRE ALL of the CAPITAL words listed below can be found in the word search.

Signs & Symptoms HEART ATTACK ABDOMINAL PAIN CHEST PAIN DIAPHORETIC (sweaty) DYSPNEA (shortness of breath) FATIGUE (tired) NAUSEA (sick to your stomach)

STROKE (Loss of) BALANCE CONFUSION (Lack of) COORDINATION DIZZINESS HEADACHE NUMBNESS WEAKNESS <u>Medications</u> ACE INHIBITOR ALPHA BLOCKER BETA BLOCKER CALCIUM CHANNEL BLOCKER DIURETIC VASODILATOR

<u>Miscellaneous</u> AED (Automated External Defibrillator) ANGINA (chest pain) AORTA (main artery supplying blood to organs & lower body) ARTERY ARTEREOSCLEROSIS (Hardening of arteries) ATHEROSCLEROSIS (fatty deposit along artery walls) BLOOD BLOOD PRESSURE CHOLESTEROL CIRCULATION CPR (Cardio Pulmonary Resuscitation) ECG (Echo Cardio Gram) EKG (Electro Cardio Gram) DIAGNOSIS HEALTHY LIFESTYLE HEART HEART DISEASE PREVENTION STRESS TRIGLYCERIDES (related to cholesterol) UNRESPONSIVE VEIN VESSEL



The Presbyterian Beacon

Page 7



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 10 Worship 5 Come as U R 5 Kids Klub 7 Boy Scouts	3	4 10:30 Care for the Caregiver	5 10 Mission Team 12 Ash Wed. Svc 1 Choir Practice 6:30 N.A.	6	7 6 Cub Scouts	8 inde
9 10 Worship 11 Fellowship 11:15 The Story 7 Boy Scouts	10 1:30 Presbyte- rian Women	11 10 Stewardship Team 1 Deacons Mtg. 7 The Story	12 12 E&F Team 1 Choir Practice 6:30 N.A.	13 9 Senior Deaf Club	14 6 Cub Scouts	15 10 Property Team Meeting 3 Ocean County Deaf Club
16 10 Worship 11 C.E. Team 11:15 The Story 7 Boy Scouts	17	18 10:30 Care for the Caregiver 6 Session Mtg. 7 The Story	19 12 Worship Tm 1 Choir Practice 6:30 N.A.	20	21 7 Pack Meeting	22
23 10 Worship 11 Teachers Mtg 11:15 The Story 7 Boy Scouts	24	25 7 The Story	26 10 Food Pantry 1 Choir Practice 6:30 N.A.	27	28 6 Cub Scouts	29
30 10 Worship 11 Fellowship 11:15 The Story 7 Boy Scouts	31					

Presbyterian Women Monday, March 10, 2014, at 1:30 pm

Horizons: Lesson 6: Becoming a Holy People

Plus—Mission Outreach project, business meeting and fellowship.

All are welcome.

Cub Scouts—"Red" & Gold Dinner—



Feb. 21, 2014 Dylan Milana 'crosses over' from cub scout to boy scout The Presbyterian Church at Lakehurst, NJ



101 Orchard Street, Lakehurst NJ 08733 Phone (732) 657-5211
E-mail: lakehurstpreschurch@verizon.net
Facebook: Presbyterian Church at Lakehurst
www.LakehurstChurch.org
Sunday School & Worship: 10 am
Rev. Christina Hindley, Pastor
Elder Dawn Heaney, Clerk of Session



Service 12 noon, March 5 in the Sanctuary

Prepare for your observance of Lent. Sing, pray, reflect, and receive or decline the imposition of ashes.

WORSHIP WITH US!				
March 2 Transfiguration of the Lord The Lord's Supper	Exodus 24:12-18	"40 Days & 40 Nights"		
March 5 at 12 Noon Ash Wednesday Service	Isaiah 58:1-2	"Living Our Faith"		
March 9 1st Sunday in Lent DAYLIGHT SAVINGS TIME	Genesis 2:15-17; 3:1-7	"Obedience"		
March 16 2nd Sunday in Lent	Romans 4:1-5, 12-17	"Grace"		
March 23 3rd Sunday in Lent	Exodus 17:1-7	"Thirst"		
March 30 4th Sunday in Lent	John 9:1-41	"Sin"		
April 6 5th Sunday in Lent	Ezekiel 37:1-14	"Hope"		