



The Presbyterian Church at Lakehurst, NJ

*Rooted in God's Love
Growing as Christ's Caregivers
Nourished by God's Spirit*

August 2013

The Presbyterian
Beacon



From the Pastor

Do You Live Alone? Do You Have a Medical-Alert System?

In the last two years, several members have fallen or been unable to stand up and get to a telephone when they were home alone. Very often, the greater danger to health is being immobile on the floor for 12, 24 or 48 hours. Can you imagine that? No one thinks it will happen to them. But it *will* at some point—no matter how careful we are; no matter how healthy we feel.

I urge everyone who lives alone to consider investing in some sort of life-alert that allows you to push a button on your wrist or around your neck, which alerts the medical security personnel who then call 911. Being rescued within 1/2 hour, reduces the risk of organ failure and other complications. It can make the difference between staying independent and moving to a nursing center.

There are many options:

- American Medical Alarms, Inc. 1-800-542-0438, @ \$24.95/month
- American Senior Safety Agency 1-888-360-1454, @ \$23.95/month
- LifeStation 1-866-329-4484, @ \$29.95/month
- Walgreens Ready Response 1-866-310-9061, @ \$28.95/month

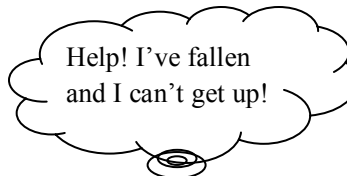
But please check with friends who have used an alarm system. And note that you may be eligible to have costs paid by a government program through the Office of Senior Services.

Please check it out, and let me know if I can be of help in the process.

Christina

Dear Friends,

As I began my vacation (thank you, by the way, for the time off!), I read a blog that quoted Jim Collins on leadership. According to Collins, “all leaders have to-do lists, but *great* leaders also have



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Sunday, June 30,
Carole Sloan
competed with 17
finalists in the
Shore Senior Idol
singing “*Walking
After Midnight*”

Outstanding!



From the Pastor—continued

stop-doing lists. These are tasks that someone else should be doing, or tasks that don't have much impact in the long run but keep us busy and feeling useful." I took the blogger's advice and developed a **"To-Don't List."** Here it is:

1. On Sunday morning, I won't unlock doors, turn on lights and sound system, and check rest rooms to make sure there are paper towels and toilet tissue. In the past, one person assumed that responsibility and when he left, I took over. But we now have excellent usher teams who can do it, and lock up after worship.
2. On Sunday morning, I won't make coffee. And I won't buy goodies and set up for fellowship hour when no one signs up to host. When I arrived, Lakehurst Presbyterian had coffee hour once a month when the deacons hosted. Because it wasn't routine, few people participated and some questioned the need for it at all. Now, the Upper Room is full most Sundays with people connecting and supporting one another and welcoming visitors. And now we have an outstanding Evangelism & Fellowship Team who can assume this task—if you sign up to help them!
3. During the month, I won't check on paper, plastic and cleaning supplies and go shopping. In the past, Laure Childers did this with petty cash, but that is not her job! Now each team has a budget and I trust that the Property and Fellowship Teams can take this on.

Believe it or not, without the frustration of wondering why plastic bags and coffee cups are disappearing, and without the extra Sunday morning tasks, I will have more time and much more energy to be a good pastor.

1. I will visit and bring communion to homebound members and friends of the church.
2. I will offer support and counseling, when requested, to the growing number of members who are in transition, ill or grieving.
3. I will use that time before worship to pray and I will be totally present to greet you and listen when you arrive.
4. And I will continue to pray for wisdom, patience and guidance as we move into God's future for the church.

In these last lazy days of summer, why don't you take some time to consider developing a **"To-Don't List."** What are you doing today simply because you have always done it. What else might you do if you had extra time and energy? Is God calling you to simplify and re-prioritize your life?

With love and hope,
Christina



Christian Education Team—Elder Dawn Heaney

On **Church School Sunday**, June 2, the children led the whole worship service and Christina Heaney led the sermon-discussion on the parable of the Good Samaritan. We all learned that we can be a good neighbor every single day.



Sunday School for nursery through elementary will resume on **Homecoming Sunday, Sept. 8.**

Vacation Bible School—**“Clean Water for All God’s Children”** -from July 29 to August 2, was fun. We learned many ways that God uses water to bless us, and we saved up some money to help Presbyterian Living Waters for the World buy a water purification system. Thank you to everyone who taught, helped and contributed to VBS this year! It was all VERY good!



Won't you please help our children learn how much Jesus loves them. Agree to volunteer one Sunday.



Deacons' Corner—Moderator Alice Loonam

MEMORIAL SERVICES FOR BELOVED CHURCH MEMBERS

On Sunday, August 4, at 11:30 am, we will celebrate and give thanks to God for the life of **Zen C. Baudoux, Jr.**, brother of Annette Zeisler. Zen died on October 22, 2012.

On Saturday, Sept. 14, at 11:30 am, we will celebrate and give thanks to God for the life of **Charles Baasch** who died on June 3, 2013.



National Asthma & Allergy Awareness Month By Your Parish Nurses

A series of sneezes, watery eyes, itchiness on your skin: all these things can be symptoms of allergies. People who have allergies have an immune system that reacts to substances (pollen, mold, and animal dander, for example) called allergens. 1 of 5 Americans suffers from allergies.

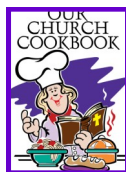
Treatment for allergy-related conditions such as asthma, allergic rhinitis, sinusitis, food, medication, latex, and stinging insect allergies, are the responsibility of doctors called Allergy & Immunologists. Such doctors test for allergy sensitivities, and then treat with “immunotherapy.” Some people may need these injections seasonally or annually for many years. Some symptoms require immediate treatment with an Epi-pen or an ER visit.

Additionally, 1 in 12 people suffer from Asthma. Asthma can kill. 3,262 adults and 185 children died in 2007. Treatment is best rendered by a specialist who may prescribe inhalers, nebulizers, medication, talk therapy, immunotherapy injections, and a healthy active lifestyle.

For more details, see the Asthma & Allergies brochure on the table in front of the mailboxes in the Upper Room.

Our Church Cookbook is missing this delicious recipe from **Gladys Claus!**

Crabmeat Dip



- 1/2 cup Hellman's mayonnaise
- 1/2 cup sour cream
- 1 6-1/2 oz. can of Crabmeat—drained
- 1 tsp. lemon juice
- 1 tsp. chopped parsley
- A bit of onion, salt and pepper, to taste.

Mix all ingredients in that order.

Smokie—Rest in Peace

by Margaret Plenk

*Black silky fur.
 Deep rumbling purr.
 Golden eyes
 That hypnotize,
 Ears turning 'round
 At every sound,
 Long slender tail raised on high
 Reaching up toward the sky;
 Warm and cozy on my lap
 Curling up to take a nap.
 How I miss my feline friend
 His loving presence at an end.*



Worship Team—Elder Carole Sloan



The **Pick-Up Choir** is fantastic! What a summer treat—to hear new voices and sing our old favorite hymns! Look—six new faces in this photo. We hope you will hang around for the fun when **Choir practice resumes at 2 pm on Wednesday, Sept. 4.**

Chancel Flowers can be given in memory or in honor of someone you love any Sunday. The cost for one bouquet is \$20 for behind the communion table, or \$40 for two on the railing. The flowers can then be taken home by you or delivered to a homebound or hospitalized member. Please call Laure Childers in the church office 732-657-5211 to reserve a date.



Property Team—Elder Jim Dillon



Many thanks to everyone who helped with the renovation of the Upper Room—designing, interviewing and supervising contractors, moving furniture and furnishings (out and back in again), adjusting electrical plates, painting, repairing the painting of Jesus. You saved the church many thousands of dollars in labor costs. And the room looks beautiful. Thank you.

Stewardship Team—Elder David Weeden

I want to acknowledge our deep gratitude for the memorial gifts that are being used to re-decorate the property. In the fall, we will formally dedicate all memorial gifts to the glory of God.

A \$300 gift from Violet Caldwell in memory of William Caldwell was used to purchase two sets of fabric tablecloths (copper and sage) for the new tables. A \$2,000 gift from Carol White in memory of her father, Merle Stouffer, and a \$525 gift in memory of Helen McMunn are being used to drywall, paint and decorate the elementary classroom in the basement. A \$2,000 gift from Carol White in memory of her mother, Lois Stouffer, is being used to create a comfortable parlor in the Upper Room (where the elementary classroom currently is) for small group study or discussion. A \$10,000 gift from Annette Zeisler in memory of her brother Zen Baudoux was used to drywall and paint the Upper Room. How blessed we are to be able to refurbish the 111-year-old building with these gifts.

And we are grateful for your regular offerings that support the ministry of our church!



Mission Team—Elder Kim Milana

School Supplies for Children in Need—at Lakehurst Elementary School. We will collect your donations at both entrances to the sanctuary until **August 18**. Thank you.

The Food Pantry is open from **10 to 11 am on the LAST Wednesday** of each month. Donations of canned and dry goods are appreciated. Members of the church can use the pantry throughout the month. Just speak with Elder Milana or the pastor.

Cub Scout Pack 10—The Scouts will go camping in the Poconos in August. The Cub Scouts meet on Friday evenings and are open to all boys in 1st to 5th grade.



Alice B. Perry College Scholarships totaling \$7,500 were awarded on Sunday, July 28, to: **Kenneth Bogert**, senior at Montclair State Univ.; **Kevin Bogert**, junior at Univ. of Delaware; **Danielle Childers**, sophomore at Sacred Heart Univ.; **Alex Gehring**, sophomore at Valley Forge Christian College; **Christina Heaney**, freshman at Ocean County College; **Kendall Kiernan**, freshman at Univ. of Delaware; **Daniel Martinez**, junior at Rider Univ.; **Sian Maxwell**, sophomore at St. Louis Univ. (Madrid); **Nicole Meaney**, sophomore at College of William & Mary; **Ashley Platt**, senior at Stockton College; **Tyler Sloan**, freshman at Univ. of Rhode Island; and **Julia Tardiff**, junior at The Art Institute of Philadelphia.



By BJ Nelson, Secretary

The PW of Lakehurst had a busy and productive year (Sept. 2012 to June 2013). The program included: Guest speakers, Rev. Helen Granazio and Rev. Dennis Booth, on separate months. PW prepared and led worship on March 3 to “Celebrate the Gifts of Women.” Additionally, Elder Anne Bell taught Bible Studies on the Epistles and on the life of Joseph. She also hosted in her home our annual picnic on June 26 (pictured above).

During the year, financial support was provided to the Food Bank and a donation was made locally to assist in reparations from Super Storm Sandy. Entertainment aspects of PW ranged from Carole Sloan playing the guitar and singing, to a small Christmas celebration at which we decorated the sanctuary and dressed the tree with Christmons.

Think about joining us on the second Monday in September. Presbyterian Women know how to learn, share, care, laugh, give, and have a Godly good time.



AUGUST

2013

Sun Mon Tue Wed Thu Fri Sat

				1 9-12 Vacation Bible School	2 9-12 Vacation Bible School 6 Cub Scouts	3
4 10 Worship 11 Fellowship 11:30 Baudoux 7 Boy Scouts	5	6	7 10 Mission Team 6:30 N.A.	8 9 Sr. Deaf Club 5 Evangelism 6 Property	9	10 Cub Scout Camping Trip
11 10 Worship 11 Fellowship 7 Boy Scouts	12	13 10 Finance Team 1 Deacons 4 Christian Ed	14 6:30 N.A.	15	16 6 Cub Scouts	17
18 10 Worship 11 Fellowship 7 Boy Scouts	19	20 6 Session Meeting New Members Dessert	21 1 Worship Team in Brick 6:30 N.A.	22	23 6 Cub Scouts	24
25 10 Worship 11 Fellowship 7 Boy Scouts	26	27	28 8:30 Bag Food 10 Food Pantry 6:30 N.A.	29	30 6 Cub Scouts	31

James Dillon, Cedar Glen Lakes
14B Roosevelt City Road, Whiting NJ 08759 (same phone numbers)

Anna Soukup, Crestwood Manor #F218
50 Lacey Road, Whiting NJ 08759
732-849-2658

Theresa Tardiff
P. O. Box 333, Lakehurst NJ 08733



Alice Georgeson !
Annette Zeisler 8/4
Michelle Goins 8/12
Thomas Walker 8/13
Mary Rusnak 8/31



**The Presbyterian Church
at Lakehurst, NJ**



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www.LakehurstChurch.org

Rev. Christina Hindley, Pastor

Elder Dawn Heaney, Clerk of Council

**New Member Dessert
6:00 pm Tuesday, August 20
in the Upper Room**



New Member Dessert

WORSHIP  WITH US!

August 4 11th Sunday after Pentecost	Luke 12:13-21	<i>“Rich Toward God”</i>
August 11 12th Sunday after Pentecost	Luke 12:32-40	<i>“Where is Your Heart?”</i>
August 18 13th Sunday after Pentecost	Luke 12:49-56	<i>“Terrible Swift Sword”</i>
August 25 14th Sunday after Pentecost	Jeremiah 1:4-10 Luke 13:10-17	<i>“A New Call”</i>
Sept. 1 15th Sunday after Pentecost	Jeremiah 2:4-13 Luke 14:1, 7-14	<i>“Christian Humility”</i>
Sept. 8 Homecoming Luncheon	Luke 14:25-33	<i>“Bearing Fruit”</i>